

Reflection Questions for Attitude Outcomes Tool



ATTITUDE OUTCOMES

The following reflection questions help participants consider **what they felt** during the program. They can be formatted as an **interview, a journal prompt, or an exit slip**. Have participants say or write down their responses to the following questions to assess the relevant knowledge outcomes.

Reflection Questions

- For **Connection to Nature** and **Environmental Sensitivity**, ask this:
When I spend time in nature, I feel...
- For **Attachment to Place**, ask this:
When I spend time in waterways and trails near my home, I feel...
- For Self-Efficacy, ask: *How could you address environmental concerns in your own neighborhood, city, or town?*

Interview Guide

1. Audio record the responses and then write them down.
2. Enter the responses into a spreadsheet.

Journal Prompt or Exit Script

1. Record (by collecting or taking a picture of) the responses.
2. Enter the responses into a spreadsheet.

Digital Photography

Participants use digital photography and reflective journaling to document how they feel in nature throughout the day.

1. Participants select their “top five” photos and **write captions** for each that answer the relevant question listed above.
2. Enter the written responses into a spreadsheet.